

Aging and Long-Term Care Resources



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Medi-Cal



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Senior Fact Sheet

The resources below will help put you in touch with information about state and area agencies, tribal organizations and private organizations serving the elderly in your community.

- **Area Agency on Aging**
1-800-510-2020
Information and access to your community's comprehensive network of community-based long-term care services.
- **HICAP – Health Insurance Counseling and Advocacy Program**
1-800-434-0222
Provides assistance on questions related to Medicare, Medicare HMOs, Medicare supplements and long-term care insurance.
- **Medicare Office**
1-800-633-4227
- **California Department of Aging**
1-916-322-5290
1600 K Street
Sacramento, CA 95814
- **California Commission on Aging**
1-916-322-5630
California Senior Legislature
Triple-A Council of California
1020 9th Street, Room 260
Sacramento, CA 95814
- **AARP State Office**
1-916-446-AARP/2277
980 9th Street, Suite 700
Sacramento, CA 95814
- **Senior Legal Hotline**
www.seniorlegalhotline.org

Other important numbers:

- **Area Agency on Aging**
Call this office for comprehensive aging and long-term care related resources, information and referral in our community.
*9335 Hazard Way, Suite 100
San Diego, CA 92123
(800) 510-2020*
- **APS/Adult Protective Services**
Call this office to report abuse (physical, emotional, financial or neglect) or suspected abuse of older or disabled people.
*9335 Hazard Way, Suite 100
San Diego, CA 92123
(800) 510-2020*
- **In-Home Support Services**
Call this number if you need assistance with domestic services and you cannot afford to have an assistant.
*9335 Hazard Way, Suite 100
San Diego, CA 92123
(800) 510-2020*
- **RSVP (Retired Senior Volunteer Program)**
Call this number to find out about our community volunteer programs.
*9335 Hazard Way, Suite 100
San Diego, CA 92123
(858) 505-6399*
- **Local Welfare Office**
*Metro Family Resource Center
1130 10th Ave.
San Diego, CA 92101
(866) 262-9881*

Medi-Cal - California's Health Care Program For The Needy

Medi-Cal is a combined federal and state program that pays for health care for people who cannot afford to pay themselves. It is administered by the state Department of Health Services in partnership with other state departments and county welfare departments.

Who is eligible?

Medi-Cal coverage is automatic for Supplemental Security Income (SSI) recipients who are 65 or older, or blind or disabled. It is also automatic for beneficiaries of the Temporary Assistance for Needy Families (TANF) program. Others with low or very low incomes are also eligible.

What is covered?

Medi-Cal pays for health care services which meet its definition of medically necessary. Services

covered include physicians visits, prescription drugs, hospitalization, X-ray and laboratory, nursing home care, adult health services, some dental care, some ambulance services, prosthetic and orthopedic devices, eyeglasses, hearing aids and some medical equipment and hospice care.

Finding a doctor?

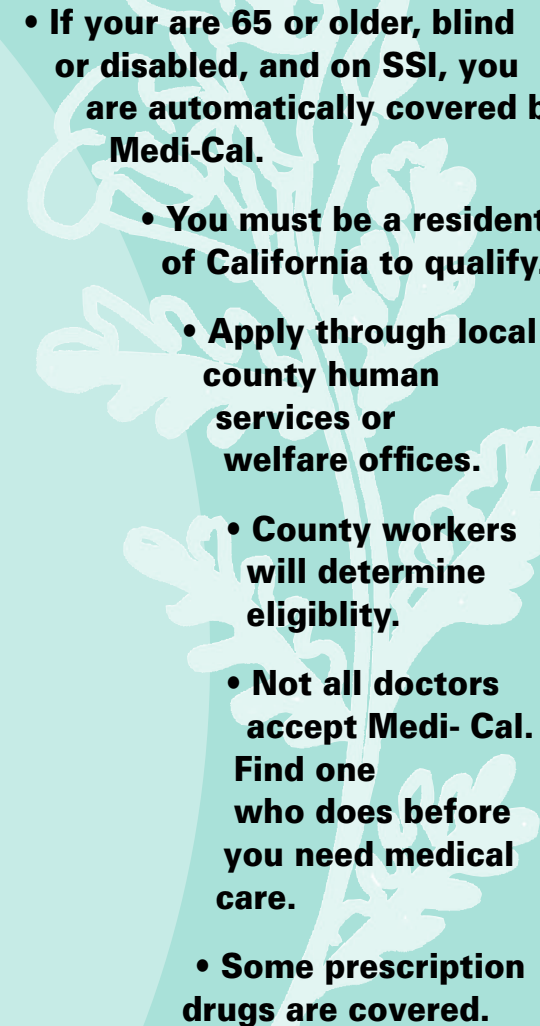
It is important to remember that not all health care providers serve Medi-Cal enrollees. If you don't have a doctor who accepts Medi-Cal, you should find one before you need medical care, or use medical clinics which serve Medi-Cal patients. If you need medical care, unless it is an emergency, you must go to a hospital which has a contract with Medi-Cal. Your doctor will know which hospitals take Medi-Cal.

Also, some prepaid health plans have contracts to service Medi-Cal patients.

How to apply?

You must apply for Medi-Cal through your local county human services or welfare office. They will determine if you are eligible. Your local human services/welfare offices are listed in the telephone directory under the name of the county in which you live.

Applicants have the right to appeal any decision made by the welfare department regarding eligibility. Medi-Cal recipients also have a right to a hearing on any denial of services or unreasonable delay in prior authorizations. Contact your Area Agency on Aging for a referral to your legal services office (1-800-510-2020) for assistance with appeals.

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- If you are 65 or older, blind or disabled, and on SSI, you are automatically covered by Medi-Cal.
 - You must be a resident of California to qualify.
 - Apply through local county human services or welfare offices.
 - County workers will determine eligibility.
 - Not all doctors accept Medi-Cal. Find one who does before you need medical care.
 - Some prescription drugs are covered.